



## Restaurant Labeling in Vermont

The Vermont Chapter of the American Heart Association is sponsoring a bill in the Vermont legislature regarding mandatory calorie count information on restaurant menus (this is for restaurants with 10 or more units state-wide). Supporters of this bill may need to give testimony as soon as this week. Yes- that means **January 11 through 15, 2010**. If you are interested and would be available to testify please contact Sylvia Geiger ASAP. A separate eBlast with more specific information was sent early this week.

## Job Opportunities

**Fletcher Allen Health Care**  
**Burlington, VT**  
**Per diem Clinical Dietitian**  
**Starting Date:** January, 2010

**Position Description:** Potential for full-time hours during staff leave. Per diem hours available after leave concludes. Please apply on-line at the Fletcher Allen website.

**Minimum Qualifications:** CRD registration and Vermont certification required.

**Desired Qualifications:** Experience in acute care desired.

**Contact-**Cathy McIsaac 802-847-2703 [catherine.mcisaac@vtmednet.org](mailto:catherine.mcisaac@vtmednet.org)  
[http://www.fletcherallen.org/about/employment\\_opportunities/](http://www.fletcherallen.org/about/employment_opportunities/)

**Vermont Dept. of Health**  
**Burlington District Office , VT**  
**Public Health Nutritionist-Temporary**  
**Community Nutritionist**

**Posted On:**12/16/09 **Starting Date:**Immediately

**Position Description**

Provide nutrition counseling to WIC families, which includes many refugees. Follow-up and monitor high risk clients. Conduct nutrition education programs for staff and community. Provide support services for H1N1 clinics as time allows. Perform other related duties as required.

Funding approved through 4/1/10 Preferably full-time, but will consider half-time

**Minimum Qualifications**

Bachelor's degree with a major in nutrition, dietetics, or foods and nutrition. Must pass background check.

**Contact** Sally Tappan, Public Health Nursing Supervisor 802-951-0062 [stappan@vdh.state.vt.us](mailto:stappan@vdh.state.vt.us)



## VDA AWARDS

### VDA Awards—Nominating Form

Nominate a member today  
and

**be entered in a drawing to win a \$25.00 Hannaford Gift Card.**

The Vermont Dietetics Association sponsors a number of awards for outstanding dietetics professionals. Each year, VDA asks members to nominate individuals you feel deserve these awards. Nominate a co-worker, friend, colleague, or even yourself!

Nominate as many people as you like. Please use one form for each nomination. On the back of this form or in the body of your email, let us know why this nominee deserves this award.

**Help to recognize the great talent among us!**

For eligibility information on particular awards, please see the Awards section of the VDA website (<http://www.eatrightvt.org/>)

I nominate \_\_\_\_\_ for the following award (please check):

Recognized Young Dietitian of the Year Award (RYDY)

Recognized Dietetic Technician of the Year Award (RDTY)

Emerging Dietetic Leader Award

Outstanding Dietetics Student Award

Outstanding Dietetics Educator Award

The Vermont Pyramid Award

The Outstanding Dietitian of the Year Award

#### Optional information:

Your name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Telephone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Please return completed form to:

CPI Chair

Amy Malinowski, RD

Vermont Dept. of Health

PO Box 70

Burlington, VT 05402

Email: [amalinowski@vdh.state.vt.us](mailto:amalinowski@vdh.state.vt.us)

Fax: 802-863-7571

## Continuing Education Opportunities Need CPEU's.

Check VDA's Continuing Education Opportunities section on the VDA website ([www.eatrightvt.org](http://www.eatrightvt.org)). This is continually kept updated.

There are some free education credits available plus some for a very reasonable price. There should be something of interest for everyone.

VDA Website Continuing Education Opportunities link:

[http://www.eatrightvt.org/vda.cfm?page=continueing\\_education\\_opportunities](http://www.eatrightvt.org/vda.cfm?page=continueing_education_opportunities)

	<h1>LACTOSE INTOLERANCE:</h1> <h2>Health Consequences and Nutrition Solutions</h2>
<p><b>REGISTER NOW</b></p> <p><b>JANUARY 25, 2010</b> <b>1:30 – 2:30 P.M. CST</b></p> <p><b>FEATURED SPEAKERS</b></p> <div data-bbox="355 1224 557 1339"></div> <p><b>Theresa Nicklas, Dr.PH., M.P.H.</b> Professor of Pediatrics, Baylor College of Medicine</p> <p><b>Wilma Wooten, M.D., M.P.H.</b> President of the San Diego Society of the National Medical Association Adjunct Professor at San Diego State University, Graduate School of Public Health</p>	<p><b>JOIN US FOR A WEBINAR MONDAY, JANUARY 25!</b></p> <p>What is lactose intolerance and what is the best approach to discuss it with clients? Lactose intolerance describes gastrointestinal disturbances following consumption of an amount of lactose greater than the body's ability to digest and absorb it. But, the facts about lactose intolerance may surprise you. In fact, research shows it is not as widespread as many people think among adults. And, it does not require avoidance of dairy foods. Research shows that people who have trouble digesting lactose can enjoy dairy foods daily.</p> <p>Join us as we take a closer look at lactose intolerance. We'll discuss ways to best discuss lactose intolerance with your patients and clients as well as offer culturally relevant nutrition recommendations. Nutrition scientist Theresa Nicklas, Dr.PH, M.P.H., and expert Dr. Wilma Wooten, M.D., M.P.H., will share timely insights and the latest research on lactose intolerance prevalence, perceptions and the implications for consumption of key nutrients.</p> <p><b>SPACE IS LIMITED. SIGN-UP TODAY!</b></p> <p>Reserve your Webinar seat now at: <a href="http://www.eventsvc.com/NDC-Child Nutrition/">http://www.eventsvc.com/NDC-Child Nutrition/</a></p> <p>After registering you will receive a confirmation e-mail containing information about joining the Webinar.</p>
	<p>This program is under review for CPE credit by the American Dietetic Association (ADA) Commission of Dietetic Registration.</p> <p>© 2009 National Dairy Council®  NATIONAL DAIRY COUNCIL</p>